

« Most of our fears are unconscious. And it is mainly fears that constitute our relationships with others and, more generally, our personality. It is our fears that also generate our stress, our anxieties, our emotional suffering, and possible physical dysfunction.

How can we identify our fears? The key is that the majority of them cease as soon as we identify their source. Primarily, this identification is hampered by the mode of exploration that we adopt to meet them. In most cases, it is intellectually that we are trying to understand our difficulties. However, only our feelings can lead us directly and accurately to the origin of our fears. »

Technique for the
sensory
identification of
unconscious fears

«Tipi»

www.tipi-us.com

415 732 9392

contact@tipi-us.com

The book «Tipi: technique for the sensory identification of unconscious fears» (Luc Nicon, 2007) is available at:
www.emotionforte.com

«Tipi»

Emotional issues,
phobias, anxieties,
irritability, violence,
inhibitions, blockages,
or depression...

Technique for the
sensory
identification of
unconscious fears

Tipi allows you to get in touch with the physical sensations that appear in the body while feeling an unpleasant emotion. Tipi allows you to be carried away by these sensations to a state of "well being" that is spontaneous and permanent.

Tipi is an easy and natural technique accessible to everybody, to overcome everyday emotional difficulties.

A Study on 300 People

A study on 278 persons in emotional pain was performed from 2003 to 2006 in France by Luc Nicon, the founder of the Tipi technique. Out of all the participants suffering from phobias, depression, inhibition, and irritability, only 7 were unable to overcome their emotional difficulty. In 79% of the cases, the total "deactivation" happened after only 1 session. The remaining 21% experienced the "deactivation" after one or two more sessions.

These incredible numbers may seem like a provocation... but more than 100 trained Tipi therapists are experiencing these results on a daily basis.



Two Major Discoveries

The Sensorial Memory

Tipi shows that you have the ability to connect very easily to "body memory" in order to relive unconscious traumas as physical sensations.

Prenatal Period and Birth

During the session, "reliving" emotional pain can lead you back to a precise prenatal experience that can be identified as the root of almost all suffering.

Events that occur from the very beginning of the pregnancy to your birth itself are often times discovered to be traumatizing death confrontations.

The sensorial "reliving" of these events allows the suffering they generated in your life to be deactivated.

When to use Tipi?

If you are scared:

scared of the dark, water, heights, speed,
scared of travelling by car, metro, train,
boat, or plane,
scared to take an elevator,
scared of tight places,
scared of a crowd or leaving your house,
scared of dogs, mice, snakes, spiders, insects,
scared to be contaminated, dirty...

If you feel blocked or powerless
in situations like:

public speaking, exams, meeting people,
or playing sports...

If you have strange, inappropriate emotions
or behaviors in certain situations...

If you are panicking,
if you have a fear of dying,
or are scared to lose control of yourself,
if you feel anxieties in a harmless situation...

If you are getting upset for no reason,
and regretting it 5 minutes later,
if you are feeling irritability when facing
a simple annoyance,
if you are violent...

If you don't feel the will to live anymore,
If you have no energy, no goals for the future,
And nothing seems to satisfy you...

Then you can use "Tipi" to deactivate
your emotional pain.

A One-on-One Session

If you would like to do a Tipi session to permanently solve an emotional difficulty, trained professionals are now available.

There is one "mandatory" condition to start a session. You must have a real and concrete situation that you lived, that is representative of the emotional difficulty you want to see disappear.

Through the sensations that you are feeling from this situation, you will relive, through your body, the event causing you the pain. The effect will be to deactivate it.

The session's Goal is to see a total remission of the difficulty in as little as an hour, often less.

In some cases, 1 or 2 more sessions might be necessary.

The "AutoTipi" (self-tipi) Training

Tipi is a natural process that can be used by anybody, completely autonomously.

Actually, Tipi is more a simple apprenticeship on how to access your own body memory than a complex and technical therapy.

A one-day training, in a group of 4 to 6 people, allows you to learn how to use Tipi by and on yourself.

Each member of the group starts with a personal emotional difficulty, and experiences how to instantly access his/her own sensorial memory. Then, the different steps of a session will be explained... until you own the adequate knowledge to realize a complete session by yourself.

«Tipi»